Benefits/Burdens of Tube Feeding/PEG Placement for Adults

Resources for Patients

ALS Association
Provides information about feeding tubes for people with ALS and caregivers.

Choosing Wisely®
Choosing Wisely® is an initiative of the American Board of Internal Medicine Foundation to help physicians and patients engage in conversations to help make wise decisions about the most appropriate care based on a patients’ individual situation. Consumer Reports is a partner in this effort and works with more than 70 specialty societies to create patient educational material about what care is best for them and the right questions to ask their physicians.

- Information about feeding tubes for people with Alzheimer’s. Developed in cooperation with the American Academy of Hospice and Palliative Medicine and the American Geriatrics Society.
  - [English version](#)
  - [Spanish version](#)

CompassionAndSupport.org
Educates and empowers patients, families and professionals on issues related to advance care planning, health care proxies, MOLST, palliative care, and pain management. Videos available:

- Discussing Feeding Tubes & Artificial Nutrition & Hydration - addresses the benefits, burdens & challenges of artificial hydration & nutrition and feeding tubes.
- Patient and Family Stories - describes decision regarding a feeding tube initially inconsistent with the patient's values

Health in Aging Foundation (Foundation of the American Geriatric Society)
Recommendations on the use of feeding tubes in people with advanced dementia.

University of North Carolina Palliative Care Program

- Making Choices: Feeding Options for Patients with Dementia - Decision aid that explains feeding options for people with dementia. (PowerPoint)
- Helps educate families about feeding problems in people with dementia (video)