Monroe County Medical Society Community-wide Guidelines

Treating Tobacco Use and Dependence

Resources for Patients

The New York State Smokers’ Quitline
1-866-NY-QUITs (1-866-697-8487) www.nysmokefree.com/

Deaf, Hard of Hearing and Speech Disabled: Call NY Relay Service at 711 (Voice or TTY), Give Operator Quitline Number

Call to find out if you are eligible for free starter kit of Nicotine Replacement Therapy to help you stop smoking

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<th>Monroe</th>
<th>Steuben</th>
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<tr>
<td>Healthy Living Center</td>
<td>Quit-Stay-Quit</td>
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<tr>
<td>46 Prince St</td>
<td>Steuben Co Public Health Southern TTAC</td>
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<td>Rochester NY 14607</td>
<td>Steuben Co Public Health</td>
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<tr>
<td>(585) 530-2050</td>
<td>3 East Pulteney Square</td>
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<td>Provides evidence based counseling and medication support to individuals in Monroe County and surrounding areas.</td>
<td>Bath, NY 14810</td>
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<td>(607) 664-2438</td>
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<td>Provides group cessation classes.</td>
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Wilmot Cancer Institute Tobacco Dependence Treatment Program


Livingston

Noyes Memorial Hospital
111 Clara Barton St., Dansville, NY 14437
Provides group cessation classes on site. To set up a class, contact Lorraine Wichtowski at lwichtowski@noyeshealth.org or (585) 335-4327.
Program uses American Cancer Society Freshstart material

Ontario

The Springs
Clifton Springs Hospital & Clinic
2 Coulter Road
Clifton Springs, NY 14432
315-462-0390

Seneca

ACS Freshstart Program
Seneca County Health & Senior Services Building
2465 Bonadent Drive, Suite #3
Waterloo, NY 13165
(315) 539-1949
Provides group cessation classes with a minimum of four participants per group.

Wayne

Wayne County Public Health
1519 Nye Road Suite 200
Lyons, NY 14489
(315) 946-5749
Provides individual and group counseling at no charge. Group classes: 1) Not on Tobacco-group classes, for teenagers, based on American Lung Association (ALA) materials, 2) Freedom from Smoking, based on ALA material, 3) I Can Quit (different timeframe from Freedom from Smoking)

Yates

Tobacco Cessation Programs
Yates County Public Health
417 Liberty St., Suite 2120
Penn Yan, NY 14527
(315) 536-5160
Provides group cessation classes. There is a $10 fee at registration, refundable upon completion of classes.

Guidelines are intended to be flexible. They serve as reference points or recommendations, not rigid criteria. Guidelines should be followed in most cases, but there is an understanding that, depending on the patient, the setting, the circumstances, or other factors, care can and should be tailored to fit individual needs.