Heart Failure guidelines are intended to be flexible. They serve as reference points or recommendations, not rigid criteria. Guidelines should be followed in most cases, but there is an understanding that, depending on the patient, the setting, the circumstances, or other factors, care can and should be tailored to fit individual needs.

Resources for Physicians

**American Heart Association**
The American Heart Association is a national voluntary health agency to help reduce disability and death from cardiovascular diseases and stroke.
- Get With The Guidelines® - An in-hospital program for improving care by promoting consistent adherence to the latest scientific treatment guidelines
- CV Risk Calculator - a companion tool to the 2013 ACC/AHA Guideline on the Assessment of Cardiovascular Risk (Available as a downloadable spreadsheet, free Smartphone apps or launch web version.)

**Heart Failure Society of America**
- Educational Modules - designed to help patients and their loved ones, and individuals at risk to communicate better with their physician. Limited number available at no cost.

Resources for Patients

**American Heart Association**
The American Heart Association is a national voluntary health agency to help reduce disability and death from cardiovascular diseases and stroke. Provides online tools and resources, e-newsletters, and interactive library.

**Centers for Disease Control and Prevention**
Provides educational fact sheets and podcasts

**Heart Failure Society of America**
Provides educational modules, fact sheets, quick tips, health literacy FAQs

**Medline Plus**
A service of the U.S. National Library of Medicine, National Institutes of Health. Provides online information about heart failure.

**Million Hearts®**
An initiative of the Department of Health and Human Services to prevent 1 million heart attacks and strokes by 2017; co-led by CDC and the Centers for Medicare & Medicaid Services. The initiative brings together communities, health care professionals, health systems, nonprofit organizations, federal agencies, and private-sector partners to improve care and empower Americans to make heart-healthy choices.