



**The Park at Allens Creek
132 Allens Creek Road
Rochester, NY 14618**

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Comment to be included with the results of vitamin D testing

The best currently available test for vitamin D deficiency is 25-Hydroxyvitamin D. The cut point for defining vitamin D deficiency is controversial, however the Institute of Medicine states that 25-Hydroxyvitamin D levels greater than or equal to 20 ng/mL are adequate for 97.5% of the population.

Guidelines are intended to be flexible. They serve as reference points or recommendations, not rigid criteria. Guidelines should be followed in most cases, but there is an understanding that, depending on the patient, the setting, the circumstances, or other factors, care can and should be tailored to fit individual needs.

Approved April 2016. Next scheduled by April 2018