

## Benefits/Burdens of Tube Feeding/PEG Placement for Adults

### Resources for Physicians

#### American Geriatrics Society

- [Position Statement](#) - Feeding Tubes in Advanced Dementia (2014)

#### **Choosing Wisely®**

*Choosing Wisely®* is an initiative of the American Board of Internal Medicine Foundation to help clinicians and patients engage in conversations to reduce overuse of tests and procedures, and support patients in their efforts to make smart and effective care choices. More than 70 [specialty society partners](#) have released recommendations with the intention of facilitating wise decisions about the most appropriate care based on a patients' individual situation.

- The [American Academy of Hospice and Palliative Medicine](#) and the [American Geriatric Society](#) listed this recommendation as #1 of their top 5 in 2013, the first year of the Choose Wisely Campaign:

***Don't RECOMMEND percutaneous feeding tubes in individuals with advanced dementia.  
Instead, offer oral assisted feedings.***

- The [American Medical Directors Association](#) – The Society for Post-Acute and Long-Term Care Medicine (AMDA) listed this recommendation as #1 of their top 5 in 2013, the first year of the Choose Wisely Campaign:

***Don't INSERT percutaneous feeding tubes in individuals with advanced dementia.  
Instead, offer oral assisted feedings.***

#### **Clinical Frailty Scale (CFS)©**

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For more information on the CFS: [http://geriatricresearch.medicine.dal.ca/clinical\\_frailty\\_scale.htm](http://geriatricresearch.medicine.dal.ca/clinical_frailty_scale.htm)

#### **CompassionAndSupport.org**

Educates and empowers patients, families and professionals on issues related to advance care planning, health care proxies, MOLST (Medical Orders for Life Sustaining Treatment), palliative care, and pain management.

- [Feeding Tubes & Artificial Nutrition & Hydration](#) - addresses the benefits, burdens and challenges of artificial hydration/ nutrition and feeding tubes.
- [MOLST for Professionals](#)

#### **OPWDD MOLST Legal Requirements Checklist for Individuals with Developmental Disabilities**

[https://opwdd.ny.gov/opwdd\\_resources/information\\_for\\_clinicians/documents/molst-checklist](https://opwdd.ny.gov/opwdd_resources/information_for_clinicians/documents/molst-checklist)

### Professional Society Statements

American Gastroenterological Association. American Gastroenterological Association Medical Position Statement: Guidelines for the Use of Enteral Nutrition. *Gastroenterology*. 1995;108:1280-1301  
[http://www.gastrojournal.org/article/0016-5085\(95\)90230-9/pdf](http://www.gastrojournal.org/article/0016-5085(95)90230-9/pdf)

American Geriatrics Society Feeding Tubes in Advanced Dementia Position Statement. American Geriatrics Society Ethics Committee and Clinical Practice and Models of Care Committee Disclosures. *J Am Geriatr Soc*. 2014;62(8):1590-1593.

American Academy of Hospice and Palliative Medicine. Five Things Physicians and Patients Should Question. *Choosing Wisely®* is an initiative of the ABIM Foundation. 2013 Feb. <http://www.choosingwisely.org/societies/american-academy-of-hospice-and-palliative-medicine/>

American Medical Directors Association (AMDA). Altered nutritional status in the long-term care setting. Columbia (MD): American Medical Directors Association (AMDA).2010. 35 p. <http://www.guideline.gov/content.aspx?id=32490>

American Medical Directors Association. Ten Things Physicians and Patients Should Question. *Choosing Wisely®* is an initiative of the ABIM Foundation. 2013 September (1-5) and 2015 March (6-10); rationale for #8 updated 2015 July <http://www.choosingwisely.org/societies/amda-the-society-for-post-acute-and-long-term-care-medicine/>