



Prediabetes Care

Resources for Patients

Diabetes Prevention Programs

American Diabetes Association – Rochester Office

Contact the ADA Rochester office for current information on diabetes prevention programs in the community. Call 585-458-3040.

Monroe County Department of Public Health

Greater Rochester Pre-Diabetes and Diabetes Education and Support Services Guide

<http://www2.monroecounty.gov/files/health/DataReports/Diabetes%20Resource%20Guide.pdf>

URMC Center for Community Health, Healthy Living Center

<https://www.urmc.rochester.edu/community-health/programs-services/healthy-living-center.aspx>

Resources for Physicians

American Association of Diabetes Educators

Find a diabetes educator

American Diabetes Association – Rochester Office

Provides current information on diabetes prevention programs in the community. Call 585-458-3040.

Centers for Disease Control and Prevention

<http://www.cdc.gov/diabetes/prevention/index.html>

Provides information about the CDC-led National Diabetes Prevention Program, an evidence-based lifestyle change program for preventing type 2 diabetes.

- [Resource Center](#)
Provides tools to prevent type 2 diabetes
- Resources Available in Spanish
 - [Prediabetes screening quiz widget for websites](#)
 - [Spanish language resources](#)

National Diabetes Education Program for Healthcare Professionals

Provides clinical practice tools and patient education materials to help identify and counsel patients with prediabetes.

National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), National Institutes of Health (NIH) Tools and Resources

Links to diabetes-related topics, patient organizations, related databases, interactive health features and tools, and Government agencies

[Resources in Spanish](#)

Weight-Control Information Network

An information service of the National Institute of Diabetes and Digestive and Chronic Kidney Diseases.

Provides the general public, health professionals, the media, and Congress with up-to-date, science-based information on weight control, obesity, physical activity, and related nutritional issues.