

Treating Tobacco Use and Dependence



Resources for Patients

The New York State Smokers' Quitline
1-866-NY-QUITS (1-866-697-8487) www.nysmokefree.com/

Deaf, Hard of Hearing and Speech Disabled: Call NY Relay Service at 711 (Voice or TTY), Give Operator Quitline Number
Call to find out if you are eligible for free starter kit of Nicotine Replacement Therapy to help you stop smoking

<p>Monroe <u>Healthy Living Center</u> 46 Prince St Rochester NY 14607 (585) 530-2050 <i>Provides evidence based counseling and medication support to individuals in Monroe County and surrounding areas.</i></p> <p><u>Wilmot Cancer Institute Tobacco Dependence Treatment Program</u></p> <p>https://www.urmc.rochester.edu/cancer-institute/patients-caregivers/wellness/tobacco-dependence-treatment.aspx</p> <p>Livingston <u>Noyes Memorial Hospital</u> 111 Clara Barton St., Dansville, NY 14437 <i>Provides group cessation classes on site. To set up a class, contact Lorraine Wichtowski at lwichtowski@noyeshealth.org or (585) 335-4327. Program uses American Cancer Society Freshstart material</i></p> <p>Ontario The Springs Clifton Springs Hospital & Clinic 2 Coulter Road Clifton Springs, NY 14432 315-462-0390</p> <p>Seneca ACS Freshstart Program Seneca County Health & Senior Services Building 2465 Bonadent Drive, Suite #3 Waterloo, NY 13165 (315) 539-1949 <i>Provides group cessation classes with a minimum of four participants per group.</i></p>	<p>Steuben Quit-Stay-Quit <u>Steuben Co Public Health Southern TTAC</u> Steuben Co Public Health 3 East Pulteney Square Bath, NY 14810 (607) 664-2438 <i>Provides group cessation classes.</i></p> <p>Wayne <u>Wayne County Public Health</u> 1519 Nye Road Suite 200 Lyons, NY 14489 (315) 946-5749 <i>Provides individual and group counseling at no charge. Group classes: 1) Not on Tobacco-group classes, for teenagers, based on American Lung Association (ALA) materials, 2) Freedom from Smoking, based on ALA material, 3) I Can Quit (different timeframe from Freedom from Smoking)</i></p> <p>Yates Tobacco Cessation Programs Yates County Public Health 417 Liberty St., Suite 2120 Penn Yan, NY 14527 (315) 536-5160 <i>Provides group cessation classes. There is a \$10 fee at registration, refundable upon completion of classes.</i></p>
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