



Routine Prenatal Care

Resources for Physicians

American College of Obstetrics and Gynecology

- [Professional resources online bookstore](#)

New York State Perinatal Quality Collaborative

An initiative of the New York State Department of Health that aims to provide the best and safest care for women and infants by preventing and minimizing harm through the use of evidence-based practice interventions.

Healthy Baby Network (formerly known as Perinatal Network of Monroe County)

- Information and resources for physicians and their patients.

Resources for Patients

American College of Obstetrics and Gynecology

- [Frequently Asked Questions](#)
- [Tips for Moms and Moms 2 Be](#) - Free text messages every week to help during pregnancy.

Centers for Disease Control

- [Maternal Health](#)

Healthy Baby Network (formerly known as Perinatal Network of Monroe County)

[Healthy Babies Roc](#) – Resources for health insurance and support services

Monroe County Health Department

- [Women, Infants and Children's Program \(WIC\)](#) – The WIC Program is a supplemental food and nutrition education program that serves pregnant, breastfeeding, postpartum women. (To be eligible, the applicant must be a resident of New York State and have a household income of less than 185% of the poverty level.)