

Management of Asthma in Children and Adults

Physician Resources

[American Lung Association](#)

Provides information including strategies for addressing asthma, education materials, the Asthma Educator Institute and guides to asthma policies for home and school.

New York State Department of Health

Provides educational information for physicians to use in partnership with patients.

- An education and communication tool between the physician and the patient and family designed to help families become proactive and anticipatory with respect to asthma exacerbations and their control.
 - Asthma Action Plan (in [English](#) and [Spanish](#))
- Tools for physicians and patients to use together to improve their partnership in managing asthma.
 - [Managing Asthma](#)
 - [Environmental Asthma Triggers](#)
 - [Peak Flow Meters and Logs](#)
- [Asthma Program Publication Request Form](#) – Publications available free of charge to New York organizations. Print and mail to address on form. (Some publications available for download only.)

[United States Environmental Protection Agency](#)

Provides multimedia resources for use with patients to understand and manage environmental asthma triggers.

Patient Resources

[American Lung Association](#)

Offers online support community and information about understanding and controlling asthma and creating asthma-friendly environments at home, the workplace and in schools.

- [Better Breathers Clubs](#) (in Canandaigua, Henrietta, Rochester and Webster)

[Center for Disease Control – National Asthma Control Program](#)

Helps patients with asthma achieve better health and improved quality of life.

[Kids Thrive 585](#)

A child-focused Rochester-area organization that highlights good works occurring throughout the community and improves access to resources for children, caregivers and child advocates. Provides resources and child-friendly web and printable material on asthma.

[NYS Healthy Neighborhoods Program](#)

provides in-home assessments and interventions for asthma, health hazards in high-risk communities throughout the state. During a visit an outreach worker provides education, referrals and products to help residents correct housing hazards. Homes can receive an optional revisit and reassessment. (Healthy Neighborhoods Tracking System, NYSDOH)

New York State Department of Health

Provides educational information for families.

- Asthma Triggers at Home and in the Workplace
 - Have Asthma? Take A Look Around You (in [English](#) and [Spanish](#))
 - Asthma Trigger Tracker and Key Questions (in [English](#) and [Spanish](#))
 - [Is Your Asthma Work-Related?](#)
- Don't Let Asthma Knock the Wind Out of Your Child!
 - Brochure (in [English](#), [Spanish](#), [Creole](#) and [Chinese](#))

[United States Environmental Protection Agency](#)

Provides tools for parents, caregivers and children to understand and manage environmental asthma triggers.