

Identification and Treatment of Major Depressive Disorder (MDD) for Adults

Common Presentation

- Unexplained pain complaints
- Low energy
- Apathy, irritability, anxiety
- Sexual complaints
- Disrupted sleep patterns
- Vague GI symptoms
- Appetite changes
- Social avoidance
- Headaches

Assess Family History

First degree relatives with MDD, Bipolar Disorder and/or Suicidal Behavior

Suicide and Violence

Assessment

Does your patient have the...

- Thoughts
- Intent
- Plan
- Means (including access to firearms)
- Behavior

...indicating risk to himself/herself and/or others

National Suicide Prevention Lifeline Statewide 24/7
800-273-TALK (8255)
TTY line: 800-799-4889

Rochester Community Mobile Crisis Team
585- 275-5151 or (800) 310-1160
TTY line: 585-275-2700
 On-call response available after hours
 Mon-Fri, 8:30am-10:00pm
 Weekends and Holidays, 10:00am-6:30pm
 Referrals can be made 24 hours a day, 365 days of the year.

In an emergency, contact one of the psychiatric ERs for guidance:

- **RGH Crisis Intervention Unit: 585-922-3728**
- **SMH: 585-275-4501**
- **Unity: 585-368-3950**

Assessment and Identification

