

## Management of Asthma in Children and Adults

### Physician Resources

#### [American Lung Association](#)

Provides information including strategies for addressing asthma, education materials, the Asthma Educator Institute and guides to asthma policies for home and school.

#### **New York State Department of Health**

Provides educational information for physicians to use in partnership with patients.

- An education and communication tool between the physician and the patient and family designed to help families become proactive and anticipatory with respect to asthma exacerbations and their control.
  - [Asthma Action Plan](#) (in [English](#) and [Spanish](#))
- Tools for physicians and patients to use together to improve their partnership in managing asthma.
  - [Managing Asthma](#)
  - [Environmental Asthma Triggers](#)
  - [Peak Flow Meters and Logs](#)
- [Asthma Program Publication Request Form](#) – Publications available free of charge to New York organizations. Print and mail to address on form. (Some publications available for download only.)

#### [United States Environmental Protection Agency](#)

Provides multimedia resources for use with patients to understand and manage environmental asthma triggers.

### Patient Resources

#### [American Lung Association](#)

Offers online support community and information about understanding and controlling asthma and creating asthma-friendly environments at home, the workplace and in schools.

- [Better Breathers Clubs](#) (in Canandaigua, Henrietta, Rochester and Webster)

#### [Center for Disease Control – National Asthma Control Program](#)

Helps patients with asthma achieve better health and improved quality of life.

#### [Kids Thrive 585](#)

A child-focused Rochester-area organization that highlights good works occurring throughout the community and improves access to resources for children, caregivers and child advocates. Provides resources and child-friendly web and printable material on asthma.

#### [NYS Healthy Neighborhoods Program](#)

provides in-home assessments and interventions for asthma, health hazards in high-risk communities throughout the state. During a visit an outreach worker provides education, referrals and products to help residents correct housing hazards. Homes can receive an optional revisit and reassessment. (Healthy Neighborhoods Tracking System, NYSDOH)

#### **New York State Department of Health**

Provides educational information for families.

- Asthma Triggers at Home and in the Workplace
  - Have Asthma? Take A Look Around You (in [English](#) and [Spanish](#))
  - Asthma Trigger Tracker and Key Questions (in [English](#) and [Spanish](#))
  - [Is Your Asthma Work-Related?](#)
- Don't Let Asthma Knock the Wind Out of Your Child!
  - [Brochure](#) (in [English](#), [Spanish](#), [Creole](#) and [Chinese](#))

#### [United States Environmental Protection Agency](#)

Provides tools for parents, caregivers and children to understand and manage environmental asthma triggers.